



**65 Years of Speed Skating in Red Deer**  
[www.reddeerspeedskating.com](http://www.reddeerspeedskating.com)

## **Practice at the Kinex Arena & Outdoor Oval**

Tuesdays & Thursdays (October to March)

- Beginner: 5:45-6:45pm
- Intermediate: 6:45-7:45pm

Head Coach: Shawna Pearman, Speed Skating Canada Coach of the Year, 2013

## **Open Try Nights All Season**

We welcome kids of all ages to come and try speed skating for free! Develop skills, endurance, friendships, and spirit!

Email [RDSpeedSkating@gmail.com](mailto:RDSpeedSkating@gmail.com) for more information or fill out our form on our website.

## **Contact & Information**

Email: [RDSpeedSkating@gmail.com](mailto:RDSpeedSkating@gmail.com)

Website: [www.reddeerspeedskating.com/](http://www.reddeerspeedskating.com/)

Facebook: [reddeerspeedskating](https://www.facebook.com/reddeerspeedskating)

Twitter: [@RDSpeedskating](https://twitter.com/RDSpeedskating)

